



TAMILNADU ATHLETIC ASSOCIATION

(Affiliated to the Athletic Federation of India)

Registered with Tamilnadu Society Act

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To
The Secretary,
All Affiliated Districts / Clubs / Institutions.

01.06.2024

Sir,

Sub: Conduct of 36th Tamilnadu State Junior Open Athletic Championships - to be held from 5th to 7th July, 2024 organized by Tamilnadu Athletic Association- Participation / Entry - Reg.

We are pleased to inform you that the **36th Tamilnadu State Junior Open Athletic Championships** will be organized by Tamilnadu Athletic Association at J.N. Stadium, Chennai- from 5th to 7th July, 2024. The lists of events for various age groups are enclosed.

1. Date of Birth:

The juniors below 20 years, 18 years, 16 years and 14 years of age in boys and girls category can participate in this Athletic Meet.

1. Boys & Girls Under 20 years-born between 08.07.2004 & 07.07.2006
2. Boys & Girls Under 18 years-born between 08.07.2006 & 07.07.2008
3. Boys & Girls Under 16 years-born between 08.07.2008 & 07.07.2010
4. Boys & Girls Under 14 years-born between 08.07.2010 & 07.07.2012

The age verification committee of Tamilnadu Athletic Association is empowered to disqualify any athletes if found necessary. The date of birth of all the participants should be mentioned in the entry form without fail.

Important Note : Its has been made very strict that Athletes who brings their TNAA Physical UID Card will only be allowed to participate in the State Meet. The team will check the UID Cards in the Call Room. Athletes those who have not received their UID card can collect it in the stadium the day before the competition by visiting the UID counter.

The following certificate will be accepted as proof for biometric id card.

(A) Original X Standard Certificate issued by central / State Board in case of Athletes who have passed X standard Examination.

(B) Original Birth Certificate from Municipal / Corporation and School leaving certificate in case of Athletes who have not passed X standard examination.

(C) Original Birth Certificate from Municipal / Corporation in case of Athletes who have not gone for School at all.

2. Events:

An Athlete can participate in two individual events and one Relay only. Latest A.F.I. rules will be followed.

Entries must be prepared on computer in the prescribed Excel format. Entry must be filled in Capital Letters with UID numbers and all its columns must be completed. In any circumstances, entries without UID number and hand written entry will not be accepted.

An Unit can enter four number of Athletes in the events. The Points / Medals will be awarded to best two only. Unattached Athletes will not be permitted to take part in Relays to represent any unit.

Entries should be sent in excel format by Email:
tnaentry@gmail.com or athletes can use
Online Registration : <http://tnathleticassociation.com>

There will be - 3 Rounds for - 100mts and 200mts.
2 Round for - 400mts, 100mts Hurdles, 110mts Hurdles &
400mts Hurdles.
1 round for 800 meters and all events above 800 meters.

The TNAA organizer reserve the rights of admission to the venue and lodging.

Organizing committee will finalize the entries and the same will be available in TNAA website

<http://tnathleticassociation.com> 3 days before the competition.

The entry fee of Rs.300/- per event is applicable to both unattached and clubs. In addition clubs, Schools, departments and any other team should pay Rs. 2000/ for participating under the team name. The Entry fee should be paid well in advance along with entry by DD or cheque payable at Chennai in favour of Tamilnadu Athletic Association.

3. Last date of Entry:

The last date for receipt of entries is 29th June, 2024.
Entries received after the dead line will be charged @
Rs. 750 per event. However, any deletion / change of entry
may be made up to 30th June, 2024.

4. Managers Meeting:

The Managers Meeting will be held on 04.07.2024 at 5.00 pm and the Chest numbers will be issued at the meeting.

5. March Past:

The March Past will be compulsory and it will be held on the 05th July, 2024 afternoon at 04.30 pm. All units should bring their flags and athletes should be in proper uniform.

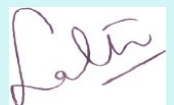
6. Team Championship:

Overall Team Championship Trophies for Winners, Runners and 2nd Runners Up and Team Championship for Boys and Girls category will be given. Championships will be decided on points only. First three place winners will get Medals & Certificates.

You are requested to adhere to the above guidelines while sending the entries of your Athletes. Expecting the fullest cooperation for the successful conduct of this Championship.

Thanking you,

Yours sincerely,



C. LATHA
SECRETARY, TNAA.

Note:

1. If the two individual events are track events, only one of these two individual races may be longer than 200m. in U18 group.
2. For all Age Group, Walking, Pole Vault and Hammer Throw event will be held on 04.07.2024 at 01.00pm.

LIST OF EVENTS

UNDER-14 YEARS(BOYS/GIRLS)		
S.NO	EVENTS	DESCRIPTION
1.	Triathlon(A)	60m,Long Jump(5m approach), High Jump(Scissor)
2.	Triathlon(B)	60m,Long Jump(5m approach),Back Throw(1kg Shot put)
3.	Triathlon(c)	60m, Long Jump(5m approach),600m
4.	Kids Javelin	With five meter run way

UNDER-16 YEARS			
S.NO	BOYS	EVENTS	GIRLS
1	-	60m	-
2	0.838m	80mH	0.762m
3		600 m	
4	-	High Jump(Scissor Only)	-
5	-	Long Jump(5m Approach)	-
6	4kg	Shotput(Standing)	3kg
7	600gms	Javelin Throw(10m Approach)	500gms
8	- - - 4kg -	Pentathl on 60m 80mH Long Jump (5m Approach) Shotput(Standing) 600m	- - - 3kg -
9	-	Medley Relay	-

UNDER-18 YEARS			
S.NO	BOYS	EVENTS	GIRLS
1.	-	100m	-
2.	-	200m	-
3.	-	400m	-
4.	-	1000m	-
5.	-	Long Jump	-
6.	Fosbury Flop	High Jump	Fosbury Flop
7.	0.914m	110mH/100mH	0.762m
8.	5kg	Shot Put	3kg
9.	1.5kg	Discus Throw	1kg
10.	700gms	Javelin Throw	500g
11.	5km	Walk	3km
12.	0.914m Fosbury Flop 5kg - - 700gms -	Heptathlon 110mH/100mH High Jump Shot Put 200m Long Jump Javelin Throw 1000m	0.762m Fosbury Flop 3kg - - 500gms -
13.	-	Medley Relay	-

UNDER-20 YEARS			
S.NO	BOYS	EVENTS	GIRLS
1.	-	100m	-
2.	-	200m	-
3.	-	400m	-
4.	-	800m	-
5.	-	1500m	-
6.	-	3000m / 5000m (Girls)	-
7.	-	3000m /5000m / 10000m (Boys)	-
8.	-	3000m steeplechase	-
9.	-	Long Jump	-
10.	0.991m	110mH/100mH	0.838m
11.	0.914m	400mH	0.762m
12.	-	10000m race walk	-
13.	-	High Jump	-
14.	-	Pole vault	-
15.	-	Long jump	-
16.	-	Triple jump	-
17.	6kg	Shot Put	4kg
18.	1.750kg	Discus Throw	1kg
19.	6kg	Hammer throw	4kg
20.	800gms	Javelin Throw	600gms
21.	100m Long jump Shot put High jump 400m 110mH Discus Throw Pole Vault Javelin Throw 1500m	Decathlon / Heptathlon	100mH High Jump Shot Put 200m Long jump Javelin throw 800m
	-	4 x 100mts Relay	-
	-	4 x 400mts Relay	-

Encl:
1. Entry Form